



Academy

Internship Programme



What is it?

The Academy Internship Programme at Bolton Wanderers invites aspiring young professionals who share our Academy values, that is, **Accountable, Purposeful, Hard-Working, Collaborative and Respectful**, and demonstrate them both personally and professionally, to immerse themselves in, and contribute to, the daily operations of an academy at a professional football club.

We are passionate about developing our workforce and supporting individuals to grow, learn and progress towards their career ambitions within the game.



What you can expect

Insight into the Multi-Disciplinary (MDT) approach that underpins player development.

Bolton Wanderers Academy staff kit & complimentary staff ticket to games.

Mentorship through regular appraisals.

Professional Development Programme.

Supporting Qualifications (if required).



Sports Therapy



Who are we looking for?

- BSc (Hons) Sports Therapy Students.
- Undergraduates (3rd Year Students).
- First Aid qualification.

What will you do?

- Clinical Assessments.
- Rehabilitation Programmes.
- Pitchside cover for Academy fixtures.

When will you be needed?

- Evenings and Weekends.
- From September 2026.

*Internship positions subject to an Enhanced DBS check.



Performance Analysis



Who are we looking for?

- BSc (Hons) Performance Analysis.
- MSc Performance Analysis.
- Both Undergraduates and Postgraduates.

What will you do?

- Use AI-powered sports cameras to capture Academy fixtures.
- Use of Hudl to allow game footage to be reviewed.
- Create clips of playlists to be shared and analysed.

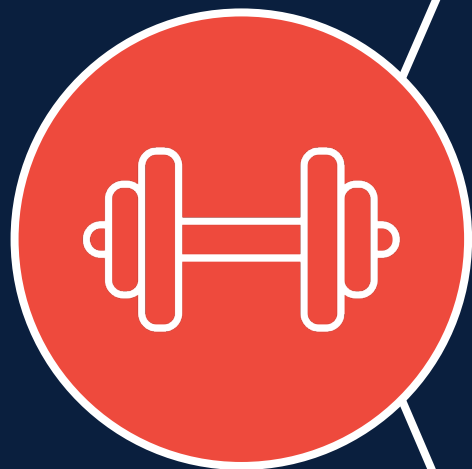
When will you be needed?

- Evenings and Weekends.
- From September 2026.

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Strength & Conditioning



Who are we looking for?

- BSc (Hons)/MSc Strength and Conditioning.
- BSc (Hons)/MSc Sports Science.
- Both Undergraduates and Postgraduates.

What will you do?

- Assist with monitoring of player load from training and games.
- Assist with the design and delivery of Strength & Conditioning programmes.
- Assist with the collection and analysis of physical testing data.

When will you be needed?

- Daytime, Evenings and Weekends (dependent on position).
- From July/September 2026 (dependent on position).

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Sport & Exercise Nutrition



Who are we looking for?

- BSc (Hons)/MSc Sport & Exercise Nutrition
- Both Undergraduates and Postgraduates.

What will you do?

- Assist with the creation of Nutrition Plans and check-ins.
- Assist with the delivery of basic nutrition workshops across the Academy.
- Create nutrition content for players and parents.

When will you be needed?

- Daytime, Evenings and Weekends (dependent on position).
- From July/September 2026 (dependent on position).

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Education & Player Care



Who are we looking for?

- Both Undergraduates and Postgraduates.
- BA (Hons) in Education Studies, Community Engagement, Social Care or related study.
- Experience of elite sport alongside an alternative degree would be considered.

What will you do?

- Assist with Life Skills delivery and Academy Player Care presence.
- Provide Learning Support where possible.
- Assist with School Liaison.

When will you be needed?

- Daytime, Evenings and Weekend.
- From July/September 2026.

*Internship positions subject to an Enhanced DBS check.



What next?

Complete an Expression of Interest below:

[Click Here](#)

We look forward to hearing from you!